APACHE JUNCTION

Mon	7:00PM	Monday Night Miracles,(O,BT,D,WC) 1215 S. Winchester Road
Thu	7:00PM	Thursday Night Miracles,(O,D,JT) 1215 S Winchester Road

AVONDALE

Sat	5:30PM	Vibin - N- Thrivin,(O,B) 919 N Dysart Rd

BAPCHULE

Tue	6:30PM	Healing warriors,(WC) 3456 W. Casa Blanca Road

BENSON

Sun	1:00PM	Not High Not Noon,(O,D,WC) 225 E. 6th St.
Thu	7:00PM	Turn It Over,(O,D,LS) 397 Duane St
Fri	7:00PM	Turn It Over,(O,D,LS) 397 Duane St

BISBEE

Tue	7:00PM	Ultimate Weapons Group,(O,D) 936 S. Tovreaville Rd.
Thu	7:00PM	Ultimate Weapons Group,(O,LS) 936 S. Tovreaville Rd.

BUCKEYE

Mon	7:00PM	Buckeye Hope,(O,D,To,WC) 508 E Monroe

BULLHEAD CITY

Sun	NOON	Midday Refresher,(O,WC) 384 Marina Blvd
Mon	NOON	Midday Refresher,(O,WC) 384 Marina Blvd
Mon	6:30PM	Bad Girls Gone Good,(W,WC) 2728 Silvercreek Rd.
Mon	6:30PM	Recovery on Ramar,(O,WC) 1325 Ramar Rd
Tue	NOON	Midday Refresher,(O,WC) 384 Marina Blvd
Wed	NOON	Midday Refresher,(O,WC) 384 Marina Blvd
Wed	7:00PM	Under The Stars,(O,WC) 2315 Balboa Drive
Thu	NOON	Midday Refresher,384 Marina Blvd
Thu	7:00PM	Under the Stars,(O) 2315 Balboa Dr.
Fri	NOON	Midday Refresher,384 Marina Blvd
Fri	7:00PM	Just For Today,(O,WC) 1325 Ramar Rd
Sat	NOON	Midday Refresher,(O,WC) 384 Marina Blvd
Sat	7:00PM	Recovery on Ramar,(O) 1325 Ramar Rd

CAMP VERDE

Wed	6:00PM	Lighthouse Group,(O,WC,SPAD) 395 S. Main St. #305

CASA GRANDE

Sun	6:30AM	Against All Odds,(O,JT,WC,SPAD) 110 E 1st. Street
Sun	5:00PM	Coffee With My Sisters,(O,W,SPAD) 704 McMurray Blvd
Sun	5:30PM	NA Rocks,(O,JT,VM)
Sun	7:00PM	Stalwart Survivors Group,(O,BT,WC,LS) 704 McMurray Blvd
Mon	5:30PM	NA Rocks,(O,BT,St,VM)
Mon	5:30PM	Stalwart Survivors Group,(O,JT,WC) 704 East McMurray Blvd
Mon	7:00PM	BYOC MEETING OF NA,(O,WC,LS) 18171 W Hopi Drive
Tue	7:00PM	Stalwart Survivors Group,(O,WC,LC,LS) 704 East McMurray Blvd
Wed	6:30AM	Against All Odds,(O,JT,WC,SPAD) 110 E 1st. Street
Wed	5:30PM	NA Rocks,(O,JT,VM)
Wed	5:30PM	Stalwart Survivors Group,(O,WC,SPAD) 704 East McMurray Blvd
Wed	7:15PM	We Believe In You,(O,So) 18171 West Hopi Drive
Thu	5:30PM	Stalwart Survivors Group,(O,BT,St,LS) 704 E McMurray Blvd.
Fri	5:30PM	NA Rocks,(O,VM,TC,LS)
Fri	6:00PM	Stalwart Survivors Group 1st Friday of every month will meet at Burruss Park 617 E Vekol Rd, Casa Grande, AZ 85122,(O,RF) 704 East McMurrayBlvd
Sat	6:30AM	Against All Odds,(O,JT,WC,SPAD) 110 E 1st. Street
Sat	NOON	NA Rocks,(O,JT,VM)
Sat	4:00PM	South central area meeting every 2 Saturday of each month,704 E. McMurray
Sat	7:00PM	Stalwart Survivors Group,(O,CL,JT,WC) 704 East McMurray Blvd
Sat	7:30PM	Square Peg Round Hole 2026-27 - Oct 24, Nov. 28th, Dec 19th, Jan 16th, Feb 27th,(O) 12999 N. Cox Rd Ramada A

CHANDLER

Sun	7:00PM	It's Time,(O,RF,WC) 301 North Hartford Street
Mon	7:00PM	It's Time,(O,St,WC) 301 North Hartford Street
Tue	7:00PM	It's Time,(O,RF,WC) 301 North Hartford Street
Wed	7:00PM	It's Time,(O,RF,WC) 301 North Hartford Street
Thu	7:00PM	It's Time,(O,RF,WC) 301 North Hartford Street

CHANDLER (CONT)

Fri	5:30PM	Ripple Effect,(O,SD) 1075 S Arizona Ave. Unit 1
Fri	7:00PM	It's Time,(O,RF,WC) 301 North Hartford Street
Sat	NOON	It's Time,(O,RF,WC) 301 North Hartford Street
Sat	6:00PM	No Half Steppin',(O,RF) 1075 S Arizona Ave. Unit 1
Sat	7:00PM	It's Time,(O,RF,WC) 301 North Hartford Street

CHINO VALLEY

Wed	7:00PM	We Can and We Will,(O,D,WC) 318 Perkinsville Road

COOLIDGE

Sun	7:00PM	Coolidge Group NA,(O,JT) 392 West Roosevelt Avenue
Tue	7:00PM	Coolidge Group,(O,JT,To) 392 West Roosevelt Avenue
Thu	7:00PM	Coolidge NA,(O,JT) 392 W Roosevelt Ave

COTTONWOOD

Sun	8:00AM	Living Clean Group,(O,D,WC,NS,LC,NEC) 269 S Candy Ln.
Sun	10:00AM	Verde Valley ASC, 2nd Sunday Monthly,(ASM) 637 N Main St.
Sun	5:30PM	H.O.W.,(O,D,WC,NS,NEC) 1309 E. Cherry St
Mon	7:30PM	Monday Maniacs Group,(O,St,WC,NS,NEC) 1309 Cherry St.
Wed	6:00PM	New Foundation Men's Meeting,(O,BT,M,WC,NS,NEC,OD) 3605 E Zelesky Rd.
Thu	7:30PM	Back to the Basics Group,(O,D,To,WC,NS,NEC) 1580 E Fir St
Fri	6:00PM	S.P.A.D. - A Spiritual Principal A Day,(O,D,WC,NS,NEC,SPAD) 959 S 6th St
Sat	7:30PM	HOPE,(O,So,WC,NS,NEC) 1580 E Fir St

DOLAN SPRINGS

Mon	7:00PM	The 4th Door,15195 Pierce Ferry Road
Fri	7:00PM	The 4th Door,15195 Pierce Ferry Road

EL MIRAGE

Sun	11:00AM	Stairway Group,(O,D) 12313 Northwest Grand Avenue
Thu	5:30PM	Sisters in Serenity,(RF,W) 12313 NW Grand Ave
Fri	10:00AM	Stairway Group,(O,WC,LS) 12313 Northwest Grand Avenue
Sat	10:00AM	Stairway Group,(O,WC,LS) 12313 Northwest Grand Avenue

FLAGSTAFF

Mon	7:00PM	Miracles Happen Group,(O,BT,D) 400 West Aspen Avenue
Tue	NOON	Sundance Group,(O,D,JT,WC) 400 West Aspen
Tue	5:30PM	Freedom Home Group,(O,D,W,WC,LC) 3801 North Fanning Drive
Wed	7:00PM	Miracles Happen Group,(O,D,JT) 400 West Aspen Avenue
Fri	7:00PM	Miracles Happen Group,(O,D,RF,LC) 400 West Aspen Avenue
Sat	7:00AM	Morning Miracles,(O,D) 400 W. Aspen

FORT MOHAVE

Sun	6:30PM	Second Chance At Life,(O,D,WC,NS) 4122 Highway 95
Tue	7:00PM	The NA Way,(O,WC) 4122 Highway 95

GILBERT

Wed	7:00PM	Just For Wednesday,(O,D,To,LC) 235 E Guadalupe Rd
Thu	7:00PM	Gilbert Solutions,(O,CL,JT,WC) 235 East Guadalupe Road

GLENDALE

Thu	7:00PM	Change of Life,(BT,IW,JT,SG,W,LC,SB,LS) 4645 West Bell Road
Thu	7:00PM	Change of Life Group,(O,D,RF,W,WC,VM) 4645 W Bell Rd
Thu	7:00PM	Thursday Night Men's Group,(O,B,D,M,RF,WC) 4645 W Bell Rd
Sat	9:00AM	Tersus Victus Group,(O,D,To,WC) 7201 W Beardsley Road
Sat	10:00AM	It's in the Text Group,(O,BT,D,WC) 9661 N. 59th Ave
Sat	11:30AM	January 25th ONLY. 6th Annual Day of Dinosaurs,(So,To) 9661 N 59th Ave
Sat	3:00PM	Saturday Mati-NA,(O) 4645 W Bell Rd, Room 1

GLOBE

Tue	6:00PM	Crossroads Group of Globe,(O,D) 5667 E. Golden Hill Rd.
Thu	6:00PM	Crossroads Group of Globe,(O,D) 5667 E. Golden Hill Road
Sat	6:00PM	Crossroads Group of Globe,(O,D) 5667 E. Golden Hill Road

GOLDEN VALLEY

Sun	10:00AM	Out of the Valley,6068 Supai Drive
Tue	6:00PM	Out of the Valley,(O) 6068 Supai Drive
Thu	7:00PM	Out of the Valley,6068 Supai Drive

GOODYEAR

Wed	7:00PM	Solutions Group,(O,D,RF,WC) 10485 South Estrella Parkway

GREEN VALLEY

Sat	6:30PM	Never Alone Group,(O,D,JT,So,WC) 880 West Camino Casa Verde

HUMBOLDT

Thu	5:45PM	The Little White Book,(O,D,LS) 2735 Corral St

JEROME

Tue	6:30PM	Jerome Group,(O,D,WC,SB) 101 Main Street
Fri	6:30PM	Steps To The Firehouse Group,(O,So,WC,SB) 101 Main Street

KINGMAN

Sun	7:00PM	New Way To Live,(O,WC) 1570 E Northern Ave
Mon	7:30AM	Down With the Sickness,1570 E. Northern Ave, Unit E
Mon	7:00PM	New Way To Live,(O,WC) 1570 E Northern Ave
Tue	7:30AM	Down With the Sickness,(WC,GP) 1570 E. Northern Ave, Unit E
Tue	5:30PM	A Lite Path,(C) 1570 E. Northern Ave, Unit E
Tue	7:00PM	New Way To Live,(O,WC) 1570 E Northern Ave
Wed	7:30AM	Down With the Sickness,(O) 1570 E Northern Ave
Wed	7:00PM	New Way To Live,(O,WC) 1570 E Northern Ave
Thu	7:30AM	Down With the Sickness,(O,WC) 1570 E. Northern Ave, Unit E
Thu	5:30PM	Down With the Sickness,(D,M) 1570 E. Northern Ave, Unit E
Thu	7:00PM	New Way To Live,(O,WC) 1570 E Northern Ave
Fri	7:30AM	Down With the Sickness,(O,WC) 1570 E Northern Ave
Fri	5:30PM	Rockstar Women,(C,W) 4425 N. Shadow Road
Fri	7:00PM	New Way To Live,(O,WC) 1570 E Northern Ave
Sat	11:00AM	Hope After Dope,(O,WC) 1730 Kino Ave
Sat	5:30PM	Down With the Sickness,(C,M) 1570 E. Northern Ave, Unit E
Sat	7:00PM	New Way to Live (1st Sat at Kino Location)1570 E. Northern Ave, Unit E

LAKE HAVASU CITY

Sun	8:00AM	Recovery on the River,(O,D,WC,NS,HY) 2041 Swanson Ave
Sun	NOON	Recovery on the River (Women's Meeting)(W) 2041 Swanson Ave
Sun	7:00PM	Recovery on the River,(O,D,To,WC,NS) 2041 Swanson Ave
Mon	8:00AM	Recovery on the River,(O,WC) 2041 Swanson Ave
Mon	7:00PM	Recovery on the River,(O,WC) 2041 Swanson Ave
Tue	8:00AM	Recovery on the River,(O,WC) 2041 Swanson Ave
Tue	7:00PM	Recovery on the River,(O,WC,LS) 2041 Swanson Ave
Wed	8:00AM	Recovery on the River,(O,WC) 2041 Swanson Ave
Wed	6:00PM	The Common Solution,3430 McCulloch Blvd
Wed	7:00PM	Recovery on the River,(O,WC) 2041 Swanson Ave
Thu	8:00AM	Recovery on the River,(O,WC) 2041 Swanson Ave
Thu	7:00PM	Recovery on the River,(O,WC) 2041 Swanson Ave
Fri	8:00AM	Recovery on the River,(O,WC) 2041 Swanson Ave
Fri	7:00PM	Recovery on the River,(O,WC) 2041 Swanson Ave
Sat	8:00AM	Recovery on the River,(O,WC) 2041 Swanson Ave
Sat	NOON	Recovery on the River (Men's Meeting)(O,WC) 2041 Swanson Ave
Sat	7:00PM	Recovery on the River,(O,WC) 2041 Swanson Ave

LAKESIDE

Sun	7:00PM	LakeSide Sunday,(RF) 1632 W. White MNT Blvd
Fri	6:00PM	White Mountain-Renegades,(O,RF,WC) 1638 W White Mtn Blvd

LAUGHLIN

Wed	6:00PM	Laughlin NA,3650 S. Pointe Circle, Suite 106

LITCHFIELD PARK

Tue	7:00PM	A Way Out,400 Old Litchfield Rd

MARICOPA

Mon	5:30PM	Ray of Hope,(O,D) 18160 North Maya Angelou Drive
Wed	5:30PM	Ray of Hope,(O,D,To) 18160 North Maya Angelou Drive
Fri	4:30PM	Ray of Hope,(O,D,To) 18160 North Maya Angelou Drive

MESA

Sun	10:00AM	Recovery & Beyond,(O,To) 245 West Mahoney Avenue
Sun	5:30PM	Recovery & Beyond,(O,JT) 245 West Mahoney Avenue
Sun	7:00PM	Recovery & Beyond,(O,RF) 245 West Mahoney Avenue
Sun	7:00PM	Recovery & Beyond,(O,RF,VM)
Sun	8:30PM	Recovery & Beyond,(O,LS) 245 West Mahoney Avenue
Sun	10:00PM	Recovery & Beyond,(O,VM)

MESA (CONT)

Mon	8:00AM	Recovery & Beyond,(O,JT) 245 West Mahoney Avenue
Mon	8:00AM	Recovery & Beyond,(O,VM)
Mon	NOON	Recovery & Beyond,(O,To) 245 West Mahoney Avenue
Mon	5:30PM	Recovery & Beyond,(O,BK) 245 West Mahoney Avenue
Mon	7:00PM	Monday Night Mayhem,(SD) 1619 E Main St
Mon	7:00PM	Recovery & Beyond,(O,To) 245 West Mahoney Avenue
Mon	7:00PM	Recovery & Beyond,(O,VM)
Mon	8:30PM	Recovery & Beyond,(O,ME) 245 West Mahoney Avenue
Mon	10:00PM	Recovery & Beyond,(O,VM)
Tue	8:00AM	Recovery & Beyond,(O,OE) 245 West Mahoney Avenue
Tue	8:00AM	Recovery & Beyond,(O,OE,VM)
Tue	NOON	Recovery & Beyond,(O,JT) 245 West Mahoney Avenue
Tue	NOON	Recovery & Beyond,(O,VM)
Tue	5:30PM	Recovery & Beyond,(O,JT) 245 West Mahoney Avenue
Tue	7:00PM	Recovery & Beyond,(O,OE) 245 West Mahoney Avenue
Tue	7:00PM	Recovery & Beyond,(O,OE,VM)
Tue	7:00PM	Straight from the Heart,(O,D,To,WC,LS) 8326 E McDowell Rd
Tue	8:30PM	Recovery & Beyond,(O,RF) 245 West Mahoney Avenue
Tue	10:00PM	Recovery & Beyond,(O,RF,VM)
Wed	8:00AM	Recovery & Beyond,(O,OE) 245 West Mahoney Avenue
Wed	8:00AM	Recovery & Beyond,(O,VM)
Wed	NOON	Recovery & Beyond,(O,To) 245 West Mahoney Avenue
Wed	5:30PM	Recovery & Beyond,(O,St) 245 West Mahoney Avenue
Wed	7:00PM	Recovery & Beyond,(O,OE) 245 West Mahoney Avenue
Wed	7:00PM	Recovery & Beyond,(O,OE,VM)
Wed	8:30PM	Recovery & Beyond,(O) 245 West Mahoney Avenue
Wed	10:00PM	Recovery & Beyond,(O,VM)
Thu	8:00AM	Recovery & Beyond,(O,SPAD) 245 West Mahoney Avenue
Thu	NOON	Recovery & Beyond,(O,JT) 245 West Mahoney Avenue
Thu	5:30PM	Recovery & Beyond,(O,To) 245 West Mahoney Avenue
Thu	7:00PM	Recovery & Beyond,(O,RF) 245 West Mahoney Avenue
Thu	7:00PM	Recovery & Beyond,(O,RF,VM)
Thu	8:30PM	Recovery & Beyond,(O,RF) 245 West Mahoney Avenue
Thu	10:00PM	Recovery & Beyond,(O,VM)
Fri	8:00AM	Recovery & Beyond,(O,BT) 245 West Mahoney Avenue
Fri	NOON	Recovery & Beyond,(O,JT) 245 West Mahoney Avenue
Fri	5:30PM	Recovery & Beyond,(O,St) 245 West Mahoney Avenue
Fri	7:00PM	Next Right Thing,(O,RF,WC) 319 N 64th Street
Fri	7:00PM	Recovery & Beyond,(O,SD) 245 West Mahoney Avenue
Fri	7:00PM	Recovery & Beyond,(B,To) 245 West Mahoney Avenue
Fri	7:00PM	Recovery & Beyond,(O,VM)
Fri	7:30PM	Coming to Believe,(O,TCA) 244 N Extension RD
Fri	8:30PM	Recovery & Beyond,(O,To) 245 West Mahoney Avenue
Fri	10:00PM	Recovery & Beyond,(O,VM)
Sat	8:00AM	Recovery & Beyond,(O,To) 245 West Mahoney Avenue
Sat	8:00AM	Recovery & Beyond,(O,VM)
Sat	NOON	Recovery & Beyond,(O,JT) 245 West Mahoney Avenue
Sat	5:30PM	Recovery & Beyond,(O,St) 245 West Mahoney Avenue
Sat	7:00PM	Recovery & Beyond,(O,So) 245 West Mahoney Avenue
Sat	7:00PM	Recovery & Beyond,(O,VM)
Sat	8:30PM	Recovery & Beyond,(O,To) 245 West Mahoney Avenue

NEEDLES

Thu	6:30PM	The Needles Meeting,(O,B,WC,NS,TC) 1409 Balboa Street

NOGALES

Wed	6:00PM	Nuevo Comienzo,(D,ES,JT) 338 N. Morley Avenue

ORO VALLEY

Sun	6:30PM	Northwest Tucson Virtual Group,(VM)
Mon	6:30PM	Northwest Tucson Virtual Group,(VM)
Tue	6:30PM	Northwest Tucson Virtual Group,(VM)
Wed	6:30PM	Northwest Tucson Virtual Group,(VM)
Thu	6:30PM	Northwest Tucson Virtual Group,(VM)
Fri	6:30PM	Northwest Tucson Virtual Group,(VM)
Sat	6:30PM	Northwest Tucson Virtual Group,(VM)

PARKER

Sat	7:00PM	It's Your Life,(O,D,WC,BK,NS) 9098 Riverside Dr

PAYSON

Sun	6:30PM	Recovery in the Pines,(O,To) 1100 W. Lake Dr
Tue	6:30PM	Recovery in the Pines,(O,JT) 1100 W. Lake Drive
Wed	6:30PM	Recovery in the Pines,(O,M) 1100 W. Lake Drive
Wed	6:30PM	Recovery in the Pines,(O,W) 1100 W. Lake Drive
Thu	6:30PM	Recovery in the Pines,(O,SPAD) 1100 W. Lake Drive
Fri	6:30PM	Recovery in the Pines,(O,OD) 107 Airline Blvd

PEORIA

Thu	7:00PM	Journey Thru Recovery Group,(O,JT,WC) 9049 West Lake Pleasant Parkway
Fri	7:00PM	West side Warriors,(O,BT,D,IP,IW,JT,RF,SG,St,To,Tr,WC,OE,ME,CP,LC,LS,SPAD) 9745 W Peoria

PHOENIX

Sun	11:00AM	Gimme Shelter Group,(O,D,JT,To,WC) 9901 N 7th Ave
Sun	NOON	Without Reservations Group,(O,RF,WC) 4212 N 16th St
Sun	5:30PM	Wild Bunch Group,(O,D,JT,WC) 4012 South Central Avenue
Sun	6:00PM	F Yeah Meeting,(JT,OD) 3436 W. Frier Drive
Sun	6:00PM	Hip, Slick & Kool,(O,So,To,WC) 4735 N 19th Ave
Sun	7:00PM	New Life Group,(O,RF,WC) 1407 N 2nd Street
Sun	10:00PM	Never Alone,(O,B,WC,OD) 6501 N 39th Ave
Mon	6:00AM	Morning Medicine,(O,JT,SPAD) 1641 E McDowell Rd
Mon	NOON	Clean Livin',(O,D,To,WC,LC) 801 E Camelback Rd
Mon	NOON	Northside at Noon,(RF,To) 9835 North 7th Street
Mon	6:00PM	Elevate Recovery,(O,D,WC,LC) 2530 W Happy Valley Rd, Suite #1273
Mon	6:00PM	Unloaded,(O,To,Tk) 4220 W NORTHERN AVE STE 111
Mon	7:00PM	Grupo La Conecta,(O,ES,So) 3948 West Thomas Rd
Mon	7:00PM	Keep it Simple & Spiritual,(O,D,WC,LS) 19234 North 7th Ave
Mon	7:00PM	Natural High,(O,JT,WC,LC) 1212 E Glendale Ave
Mon	7:00PM	Wild Bunch Group,(O,JT,WC) 4012 South Central Avenue
Mon	8:00PM	Clean & Serene,(LS) 2401 E Cactus Rd
Mon	10:00PM	Never Alone,(O,JT,WC,OD) 6501 N 39th Ave
Tue	NOON	Clean Livin',(O,D,To,WC,LC) 801 E Camelback Rd
Tue	6:00PM	Life on Life's Terms,(O,B,JT,To) 7523 N 35th Ave
Tue	6:00PM	Life on Life's terms,(O,LS) 7523 N 35th Ave
Tue	6:00PM	Nuevo Amanecer Group,(O,B,WC) 3140 North 51st Ave
Tue	6:00PM	Options for Us Group,(O,CL,RF,WC) 1212 E. Glendale
Tue	7:00PM	Grupo La Conecta,(O,ES,So) 3948 West Thomas Rd
Tue	7:00PM	Not Just Another NA Women's Oriented Meeting,(O,To,W,WC,VM,LS)
Tue	7:00PM	The Welcome Home Group of NA,(O,So,WC,Tag) 801 E Camelback Rd
Tue	7:00PM	Wild Bunch Group,(O,BT,WC) 4012 South Central Avenue
Tue	10:00PM	Never Alone,(O,D,WC) 6501 N 39th Ave
Wed	10:00AM	Morning Coffee,(O,D) 15649 N 7th St
Wed	NOON	Clean Livin',(O,D,To,WC,LC) 801 E Camelback Rd
Wed	7:00PM	This Is The Way,(O,RF) 4141 E Thomas Rd
Wed	7:00PM	We Do Recover Group,(O,CL,RF,WC,ME,LC) 8801 N 43rd Ave
Wed	7:15PM	No Name Step Study,(O,St,Tr,WC) 7321 N 10th St.

PHOENIX (CONT)

Wed	7:15PM	Productive Members of Society,(O,RF,W,WC) 3104 W Glendale Ave
Wed	10:00PM	Never Alone,(O,St,WC,OD) 6501 N 39th Ave
Thu	NOON	Clean Livin',(O,D,To,WC,LC) 801 E Camelback Rd
Thu	NOON	Northside at Noon Starts October 1st,(RF,To) 9835 North 7th Street
Thu	6:00PM	Freedom From Using,(O,D,SG,So) 7523 N35th ave
Thu	7:00PM	Grupo La Conecta,(O,D,ES) 3948 West Thomas Rd
Thu	7:00PM	The Winners Circle NA,(RF) 20222 N 32nd Dr.
Thu	7:00PM	Un Nuevo Comiezo,(O,ES,RF) 801 E. Camelback Rd.
Thu	7:00PM	We Do Recover Group,(O,CL,RF,WC,ME,LC) 8801 N 43rd Ave
Thu	7:00PM	We Don't Judge,(O,RF) 13627 N 32nd St
Thu	7:30PM	More Gratitude Less Attitude,(RF) 2622 North 16th Street
Thu	7:30PM	Not Just Another NA Meeting,(O,To,SPAD) 8802 N 19th Ave
Thu	10:00PM	Never Alone,(O,CL,To,WC,OD) 6501 N 39th Ave
Fri	6:00AM	Morning Medicine,(O,JT,SPAD) 1641 E McDowell Rd
Fri	NOON	Clean Livin',(O,D,To,WC,LC) 801 E Camelback Rd
Fri	6:00PM	Space Available,(O,JT,WC) 4735 N. 19 Ave
Fri	7:00PM	12 to Life,(O,WC) 11002 S. 48th St.
Fri	7:00PM	Keep it Simple & Spiritual,(O,D,WC,LS) 19234 North 7th Ave
Fri	7:30PM	TGIF,(O,So,To,Tk) 2310 N. 56th Street.
Fri	10:00PM	Never Alone,(O,So,WC,OD) 6501 N 39th Ave
Sat	10:00AM	Saturday Morning NA,(O,JT,WC,VM)
Sat	10:00AM	Saturday Morning NA,(O,JT,WC,Tk,OD) 4735 N 19th AVe
Sat	11:00AM	Phoenix Area Service Meeting,(O,WC,ASM) 801 E. Camelback Rd.
Sat	NOON	Labor of Love Group,(O,RF,WC) 1549 East Jefferson Street
Sat	6:00PM	Un Nuevo Comiezo,(O,ES,RF) 801 E. Camelback Rd.
Sat	7:00PM	Central Issue,(RF,SD,WC,OE,ENG,SPAD) 7321 N 10th St
Sat	10:00PM	Never Alone,(O,RF,WC,OD) 6501 N 39th Ave

PRESCOTT

Sun	8:00AM	Instant Gratification,(O,D,JT) 635 1st Street
Sun	10:30AM	Girls Gone Clean,(O,D,W,LS) 520 W Delano Ave
Mon	6:30PM	Living Proof,(O,RF,WC) 630 Park Ave
Tue	NOON	Looner Nooner,(O,D,JT,WC) 635 1st Street
Tue	7:00PM	Lost and Found,(O,D,JT) 520 W Delano Ave
Tue	7:30PM	Gratitude Too,(O,D,JT,WC,SPAD) 3106 Gateway Boulevard, Suite 440
Wed	NOON	Looner Nooner,(O,D,WC,SPAD) 635 1st Street
Wed	5:00PM	Wednesday Men's Zoom Meeting,(O,D,M,To,VM)
Wed	7:30PM	Candlelight Meeting,(O,D,JT,RF,To,WC,SPAD) 630 Park Ave.
Thu	NOON	Looner Nooner,(O,D,WC,LC) 635 1st Street
Fri	6:30PM	We Do Recover,(O,CL,RF,WC) 630 Park Ave
Sat	5:30PM	Lit. On Saturday Night,(C,BT,D,To,WC) 505 W. Gurley, Prescott

PRESCOTT VALLEY

Sun	8:00AM	Biscuits & Gravy,(O,D,JT) 2651 N Industrial Way Suite A
Sun	5:00PM	No Matter What,(O,D,JT) 8340 E. Leigh Dr.
Mon	6:00PM	A New Light,(O,D,JT) 8340 E. Leigh Dr.
Thu	6:30PM	Recovery Girl Gang,(O,D,RF,W,WC) 8340 E. Leigh Dr.
Thu	7:30PM	A Boy and His Dog,(C,M,St,To) 8944 E Sommer Dr.

QUEEN CREEK

Sun	5:00PM	Recovery in Queen Creek,(O,RF,W) 19729 E. San Tan Blvd
Mon	7:00PM	Recovery in Queen Creek,(O,RF) 24414 South Ellsworth Rd
Wed	7:00PM	Recovery in Queen Creek,(O,JT,RF) 19729 E San Tan Blvd
Fri	7:00PM	Recovery in Queen Creek,(O,RF,So) 19729 E. San Tan Blvd.
Sat	5:00PM	Recovery in Queen Creek,(O,So,LS) 19729 E. San Tan Blvd.

SACATON

Thu	7:00PM	NA Shadows,(O,JT,HY) 438 W Seed Farm Rd

SAFFORD

Sun	6:00PM	Safford Survivors Group,(O,D,WC) 2580 South 17th Avenue

SAFFORD (CONT)

Mon	6:00PM	Safford Survivors Group,(O,D,WC) 2580 South 17th Avenue
Tue	6:00PM	Safford Survivors Group,(O,D,WC) 2580 South 17th Avenue

SAHUARITA

Mon	6:30PM	Sahuarita Serenity Group - Hybrid Speaker Meeting,(O,So,St,WC,HY) 2875 E. Sahuarita Rd.
Wed	6:30PM	Sahuarita Serenity Group,(O,WC,LS) 2875 E. Sahuarita Rd.
Fri	6:30PM	Sahuarita Serenity Group,(O,WC,LS) 2875 E. Sahuarita Rd.

SAN LUIS

Mon	7:00PM	Un Cambio Una Nueva Vida,(O,ES,To) 1075 N. 6th Ave
Tue	5:30PM	Un Cambio Una Nueva Vida,(O,ES) 1075 N. 6th Ave
Wed	5:30PM	Un Cambia Una Nueva Vida,1075 N. 6th Ave
Thu	5:30PM	Un Cambio Una Nueva Vida,(O,ES) 1075 N. 6th Ave
Fri	6:00PM	Un Cambio Una Nueva Vida,(O,ES,IW,LS) 1075 N. 6th Ave

SCOTTSDALE

Sun	8:00AM	ARCNA Convention Sunday June 1st 2025,(RF,So,WC,ME) 5001 N. Scottsdale Rd
Fri	1:00PM	ARCNA Convention May 29 2025,(RF,So,WC,ME) 5001 N. Scottsdale Rd
Sat	8:00AM	ARCNA Convention Saturday May 30, 2025,(RF,So,WC,ME) 5001 N. Scottsdale Rd

SCOTTSDALE

Sun	7:00PM	Step In Time,(O,B,WC,LC,LS) 10427 North Scottsdale Rd; Room #3
Mon	7:00PM	Step In Time,(O,B,BT,St,WC,LS) 10427 North Scottsdale Rd; Room #3
Tue	7:00PM	Step In Time,(O,B,BT,LS) 10427 North Scottsdale Rd; Room #3
Wed	7:00PM	Step In Time,(O,B,To,WC,Tk) 10427 North Scottsdale Rd; Room #3
Wed	7:00PM	The Journey Continues,(O,LC) 4140 N. Miller Rd
Thu	7:00PM	Step In Time,(O,B,So,WC) 10427 North Scottsdale Rd; Room #3
Fri	7:00PM	Step In Time,(O,B,IP,WC,LS) 10427 North Scottsdale Rd; Room #3
Sat	7:00PM	Step In Time,(O,B,BT,St,Tr,WC,LS) 10427 North Scottsdale Rd; Room #3

SEDONA

Sun	3:00PM	Never Alone Never Again Group,(O,JT) 44 Stutz Bearcat Drive
Fri	7:30PM	A Safe Place,(O,D,JT) 44 Stutz Bearcat Drive

SHOW LOW

Tue	6:00PM	White Mountain-Renegades,(O,RF,WC) 244 E McNeil
Wed	7:00PM	White Mountain-Renegades,(O,RF,To) 580 E Old Linden Rd
Thu	7:00PM	White Mountain-Renegades,(O,RF) 241 E McNeil
Sat	6:00PM	White Mountain-Renegades,(O,RF,To) 580 E Old Linden Rd

SIERRA VISTA

Sun	10:00AM	Sierra Vista Virtual NA,(VM)
Sun	6:00PM	123 Step Up Meeting,(O,JT,St) 800 Taylor Dr
Mon	10:00AM	Sierra Vista Virtual NA,(VM)
Mon	6:00PM	Solutions,(O,D) 2750 Cardinal Dr
Mon	6:00PM	Spiritual Gangsters,(O,BT) 800 Taylor Dr
Tue	10:00AM	Sierra Vista Virtual NA,(VM)
Tue	6:00PM	It's in the book,(O,RF) 101 N Lenzner Ave
Tue	6:00PM	Strength, Hope, Experience (SHE)(O,D,W,ENG,LS) 570 S. Coronado Drive
Wed	10:00AM	Sierra Vista Virtual NA,(VM)
Wed	6:00PM	Spiritual Gangsters,(O,BT) 800 Taylor Dr
Thu	10:00AM	Sierra Vista Virtual NA,(VM)
Thu	6:00PM	More Will Be Revealed - Hybrid,(O,D,JT,HY,LS) 2750 Cardinal Dr.
Fri	10:00AM	Sierra Vista Virtual NA,(VM)
Fri	6:00PM	Total Abstinence,(D,JT,To) 2750 Cardinal Dr
Fri	7:00PM	Breaking the Chains of Addiction,(C,D,M) 4545 East Glenn Road
Sat	10:00AM	Sierra Vista Virtual NA,(O,VM)
Sat	6:00PM	123 Step Up Meeting,(O,St) 800 Taylor Dr

SNOWFLAKE

Mon	6:00PM	S.T.A.R.,(O,RF) 1212 Main St
Tue	6:00PM	S.T.A.R. - WOMENS MEETING,(W) 9419 E Concho Hwy
Fri	6:00PM	S.T.A.R.,(O,RF,To) 2055 S Main St

SPRINGERVILLE

Tue	6:00PM	Outlaws and Outsiders,(O,To) 356 S Papago St.

ST. JOHNS

Wed	7:00PM	Steps to Serenity,(O,RF) 160 Commercial St

SUN CITY

Sun	7:00PM	Sanity is Possible,(O,RF,SD,So,WC) 10233 W Peoria Ave
Mon	10:00AM	ESP - Exploring Spiritual Principles,(LS) 10298 W. Thunderbird Blvd
Mon	7:00PM	Sanity is Possible,(O,WC,BK) 10233 W Peoria Ave
Tue	10:00AM	ESP - Exploring Spiritual Principles,(LS) 10298 W. Thunderbird Blvd
Tue	7:00PM	Sanity is Possible,(O,B,Pi,WC) 10233 W Peoria Ave
Wed	10:00AM	E.S.P. Exploring Spiritual Principles,10298 W Thunderbird Blvd
Wed	7:00PM	Sanity is Possible,(O,CL,D,Tr,WC) 10233 W Peoria Ave
Thu	10:00AM	ESP - Exploring Spiritual Principles,(LS) 10298 W. Thunderbird Blvd
Thu	7:00PM	Sanity is Possible,(O,To,WC,LS) 10233 W Peoria Ave
Fri	8:15PM	Sanity is Possible,(O,JT,RF,WC,LS,SPAD,Tk) 10233 W Peoria Ave
Sat	7:00PM	Sanity is Possible,(O,D,RF,SD,WC,LS,Tk) 10233 W Peoria Ave

SUN CITY WEST

Mon	7:00PM	O'HA NA,(O,So,WC) 14495 W R H Johnson Blvd

TEMPE

Mon	9:30AM	Staying Clean for Dummies,(O,LC) 1701 S College Ave
Mon	5:30PM	Home Sweet Home,(O,D,St,WC,OD) 1701 South College Avenue
Tue	9:30AM	Staying Clean for Dummies,(O,JT,WC,Tag) 1701 S College Ave
Tue	5:30PM	Home Sweet Home,(O,To,Tr,WC,OD) 1701 South College Avenue
Tue	7:00PM	Step Sisters,(CL,RF,W) 1735 S College Ave
Wed	9:30AM	Staying Clean for Dummies,(O,LS) 1701 S College Ave
Wed	5:30PM	Home Sweet Home,(O,D,JT,WC,OD) 1701 South College Avenue
Thu	9:30AM	Staying Clean for Dummies,(O,IW,St,WC) 1701 S College Ave
Thu	5:30PM	Home Sweet Home,(O,So,WC,OD) 1701 South College Avenue
Thu	7:00PM	Trusting The Process,(O,M,RF) 1365 E Elliot Rd.
Fri	9:30AM	Staying Clean for Dummies,(O,LC) 1701 S College Ave
Fri	5:30PM	Home Sweet Home,(O,BT,St,WC,OD) 1701 South College Avenue
Sat	9:30AM	Staying Clean for Dummies,(O,So) 1701 S College Ave
Sat	5:30PM	Home Sweet Home,(O,IP,WC,LC,OD) 1701 South College Avenue
Sat	7:00PM	Despertar Espiritual,(ES,JT) 1701 S. College Ave.

TUCS

Mon	12:15PM	Not High Noon,(O) 5360 E. Pima St
Tue	12:15PM	Not High Noon,(O) 5360 E. Pima Str
Wed	12:15PM	Not High Noon,(O) 5360 E. Pima Str

TUCSON

Sun	8:30AM	Morning Cup of Recovery - Virtual,(O,VM)
Sun	11:00AM	Spirituality Share Group,(O,D,WC) 2900 N. Craycroft Rd.
Sun	4:00PM	Primary Purpose,(O,D) 610 E Delano Suite 106
Sun	6:00PM	Reality on the Floor Group,(O,D,WC) 4625 East River Rd.
Sun	6:00PM	Y - Just for Today,(JT,WC) 738 N 5th Avenue
Sun	6:30PM	Primary Purpose,(O,D,SD) 610 E. Delano St., Suite 106
Sun	7:00PM	Newcomers Group,(O,B,St,WC) 3809 East 3rd Street
Sun	8:45PM	Primary Purpose,(O,D) 610 E. Delano St., Suite 106
Mon	8:30AM	Groundhog Group,(O,WC) 5360 E. Pima St
Mon	8:30AM	Morning Cup of Recovery - Virtual,(O,VM)
Mon	NOON	Midtown Nooners,(O,D,WC) 3809 E 3rd St
Mon	4:00PM	Primary Purpose,(O,D,LS) 610 E. Delano St., Suite 106
Mon	6:00PM	High On Life Group,(O,D,SD,WC) 4405 E. Pima St.
Mon	6:00PM	Just Breathe Group,(O,D) 7650 N. Paseo Del Norte
Mon	6:00PM	Regardless Of Group Virtual,(O,D,LGBT,VM,LS)
Mon	6:00PM	Spiritual Squares - Virtual,(O,D,WC,VM)
Mon	6:30PM	Monday Night Miracles,(O,D) 8611 N. Silverbell Rd.
Mon	6:30PM	Primary Purpose,(O,D,LS) 610 E. Delano St., Suite 106
Mon	7:00PM	Underground Group,(O,D) 914 E. 4th St.
Mon	8:45PM	Primary Purpose,(O,D) 610 E. Delano St., Suite 106

TUCSON (CONT)

Tue	8:30AM	Groundhog Group,(O,D,WC) 5360 E. Pima St
Tue	8:30AM	Morning Cup of Recovery - Virtual,(O,VM)
Tue	NOON	Midtown Nooners,(O,D,WC) 3809 E 3rd St
Tue	NOON	Ready To Recover,(D) 3120 W Curtis Rd
Tue	4:00PM	Primary Purpose,(O,D,LS) 610 E. Delano St., Suite 106
Tue	6:00PM	Before Relapse Group,(O,D,WC) 551 N Camino Seco
Tue	6:00PM	Brothers in Recovery,(M,RF) 5360 E. Pima St
Tue	6:00PM	Sólo por hoy,(ES,JT) 1575 E 36th St
Tue	6:30PM	Northside Meeting,(O,D,LS) 2425 W. Ina Rd.
Tue	6:30PM	Primary Purpose,(O,D) 610 E. Delano St., Suite 106
Tue	6:30PM	The New Beginnings,(O,LS) 7490 S Camino De Oeste
Tue	7:30PM	Groundhog Group,(O,D,St,Tr) 5360 E. Pima St
Tue	8:45PM	Primary Purpose,(O,LS) 610 E. Delano St., Suite 106
Wed	8:30AM	Groundhog Group,(O,D,WC) 5360 E. Pima Street
Wed	8:30AM	Morning Cup of Recovery - Virtual,(O,VM)
Wed	8:30AM	Primary Purpose,(O,WC) 610 E Delano St
Wed	NOON	Midtown Nooners,(O,D,WC) 3809 E 3rd St
Wed	4:00PM	Primary Purpose,(O,D) 610 E. Delano St., Suite 106
Wed	6:00PM	Just Breathe Group,(O,D) 7650 N. Paseo Del Norte
Wed	6:00PM	Keep it Green,115 N. Tucson Blvd.
Wed	6:30PM	I Can't We Can Group,(O) 5950 N. La Cañada Dr.
Wed	6:30PM	NOANDA Group,(O,D,JT) 710 S. Kolb Rd.
Wed	6:30PM	Primary Purpose Women's Meeting,(O,D,W,LS) 610 E. Delano St., Suite 106
Wed	7:30PM	Alive & Free Group,(O,D,Tr) 115 N. Tucson Blvd.
Wed	8:45PM	Primary Purpose,(O,D) 610 E. Delano St., Suite 106
Thu	8:30AM	Groundhog Group,(O,D,WC) 5360 E. Pima Street
Thu	8:30AM	Morning Cup of Recovery - Virtual,(O,VM)
Thu	NOON	Midtown Nooners,(O,D,WC) 3809 E 3rd St
Thu	NOON	Ready To Recover,(D) 3120 W Curtis Rd
Thu	12:15PM	Not High Noon,(O) 5360 E. Pima St.
Thu	4:00PM	Primary Purpose,(O,LS) 610 E. Delano St., Suite 106
Thu	6:00PM	Young and Alive,(O,SPAD) 115 N. Tucson Blvd.
Thu	6:30PM	Northside Meeting,(O,D,So) 2425 W. Ina Rd.
Thu	6:30PM	Recovery & Relapse,(D,LS) 4831 East 22nd Street
Thu	7:30PM	Groundhog Group,(O,D,WC) 5360 E. Pima Street
Thu	8:45PM	Primary Purpose,(O,D) 610 E. Delano St., Suite 106
Fri	8:30AM	Groundhog Group,(O,WC) 5360 E. Pima Street
Fri	8:30AM	Morning Cup of Recovery - Virtual,(O,VM)
Fri	NOON	Midtown Nooners,(O,D,WC) 3809 E 3rd St
Fri	12:15PM	Not High Noon,(O) 5360 E. Pima St.
Fri	4:00PM	Primary Purpose,(O,D) 610 E. Delano St., Suite 106
Fri	6:00PM	Rainbow Recovery,(O,LGBT,JT) 738 N Fifth Avenue
Fri	6:15PM	Circle of Sisters Group,(C,D,W,WC,LS) 3809 E. 3rd St.
Fri	6:30PM	Friday Night Live,(O,D,WC) 2700 E. Speedway Blvd.
Fri	6:30PM	Primary Purpose Men's Meeting,(O,D,M,LS) 610 E. Delano St., Suite 106
Fri	8:45PM	Primary Purpose,(O,D) 610 E. Delano St., Suite 106
Sat	8:30AM	Morning Cup of Recovery,(O,D,Ti,VM)
Sat	8:30AM	Saturday Morning Serenity Group,(O,WC) 3809 E. 3rd St.
Sat	10:00AM	Primary Purpose,(O,D) 610 E. Delano St., Suite 106
Sat	NOON	Ready To Recover,(D) 3120 W Curtis Rd
Sat	2:00PM	Sólo por hoy,(ES,JT) 101 W Irvington Rd
Sat	4:00PM	Primary Purpose,(O,D) 610 E. Delano St., Suite 106
Sat	6:00PM	Cake and a Speaker,(O,So,WC) 6107 E. Grant Road

TUCSON (CONT)

Sat	6:00PM	Not the Center of the Universe,(O) 3020 South Mission Road
Sat	6:30PM	I Can't We Can,(O,D) 5950 N. La Cañada Dr.
Sat	6:30PM	Primary Purpose,(C,O,D,QA) 610 E. Delano St., Suite 106
Sat	7:30PM	Hedgehog Group,(O,So) 2700 E. Speedway Blvd.
Sat	8:45PM	Primary Purpose,(O,D) 610 E. Delano St., Suite 106
Sat	10:00PM	Groundhog Group,(O,D,WC) 6107 E. Grant Road
Sat	11:55PM	Stay Alive,(O,D,JT,ENG) 610 E. Delano St.

TUSAYAN

Thu	6:30PM	Clean at the Canyon,(O,JT,WC) 300 State Route 64

WHY

Tue	6:00PM	The Why Group of NA,(C,BT,D,LS) 341 S. Sonoita Way Highway 85 South

WICKENBURG

Thu	7:00PM	707 Freedom Group of NA,(O,JT,To) 2050 W Wickenburg Way

WINSLOW

Mon	7:00PM	Unhooked Group,(O,D,WC,NS,NEC) 600 W. Henderson St.
Thu	7:00PM	Unhooked Group,(O,D,WC,NS,NEC) 600 W. Henderson St.

YUMA

Sun	5:30PM	Weekend Go To,(O,To) 998 S 6th Ave
Sun	6:30PM	Solo Por Hoy/Just for Today Spanish and English,(D,ES,M) 944 S. Arizona Ave
Mon	NOON	Nooners,(O,To) 317 S. 5th Ave
Mon	6:00PM	Warrior Women,(W) 12716 N. Frontage Rd
Mon	7:00PM	Grupo Unidad,(O,ES) 998 S 6th Ave
Mon	8:00PM	Pop Up,(O,D,St,LS,OD) 310 N. Madison
Tue	6:30PM	Foothills NA Fire Inside,(O,D,OD) 11273 E 40th Street
Tue	8:00PM	Pop Up,(O,D,To,OD) 310 N. Madison
Wed	NOON	Nooners,(O,To) 317 S. 5th Avenue
Wed	6:30PM	Heart of NA literature study,(LS) 998 S. 6th Ave.
Wed	7:00PM	Grupo Unidad,(O,ES) 998 S 6th Ave
Thu	6:30PM	Foothills NA Fire Inside,(O,D) 11273 E 40th Street
Fri	NOON	Nooners,(O,To) 317 S. 5th Ave
Fri	7:00PM	Grupo Unidad,(O,ES) 998 S 6th Ave
Fri	8:00PM	Free 4 All,(O) 998 S 6th Ave
Sat	NOON	Inspirations,(D,To,Tk) 1360 S. 4th Ave
Sat	5:30PM	Weekend Go To,(O,To) 998 S 6th Ave

Virtual Meetings

Please note additional Virtual Meetings are not listed in this meeting list. For the current list of virtual meetings please go to:

https://arizona-na.org/vm

PHONE NUMBERS

Arizona Region of Narcotics Anonymous®

ARIZONA REGION
PO Box 1351
Phoenix, AZ 85001

https://arizona-na.org

NEED HELP? Call (844)-991-AZNA (2962)

SUGGESTIONS:

Avoid People, Places, and Things You Used With or At
Come Early and Stay Late
Don't Use and Go to Meetings
Get and Use a Sponsor
Get a Home Group
Go to 90 Meetings in 90 Days
Use the Phone
Keep Coming Back, It Works
Get Involved In Service

What is our message?

The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope and the promise of freedom.
Basic Text, page 65

Meeting Format Legend

B	Beginners	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	LGBT	LGBTQ+
IP	Informational Pamphlet	IW	It Works -How and Why
JT	Just for Today	M	Men
O	Open	Pi	Pitch
RF	Rotating Format	SD	Speaker/Discussion
SG	Step Working Guide	So	Speaker Only
St	Step	Ti	Timer
To	Topic	Tr	Tradition
W	Women	WC	Wheelchair
OE	Open-Ended	BK	Book Study
NS	No Smoking	ME	Meditation
QA	Question and Answer	CP	Concepts
LC	Living Clean	GP	Guiding Principles
VM	Virtual Meeting	TC	Temporarily Closed Facility
HY	Hybrid Meeting	SB	Smoke Break
TCA	Treatment Center Attends	LS	Literature Study
ASM	Area Service Meetings	Tag	Tag Meeting
NEC	No Electronic Cigarettes	SPAD	A Spiritual Principle a Day
ENG	English speaking	ES	Español
OD	Outdoors	Tk	Ticket

A listing in this directory does not imply endorsement of or affiliation with any of the facilities where Narcotics Anonymous meeting are held.

Meetings Weekly: 481

Campfire meetings, outdoor meetings, meetings held in parks, and meetings held in personal residences are not insured.